

# The 7 E's of Teaching a Character Trait

1. Explain it—define it, illustrate it and discuss its importance.
2. Examine it –in literature, history, and current events.
3. Exhibit it –through personal example.
4. Expect it—through codes, rules, contracts, and consequences.
5. Experience it directly.
6. Encourage it –through goal-setting, practice, and self-assessment.
7. Evaluate it –give feedback.